

# Jackson Tuff 10 Mile

## Final Results

Sunday, July 19, 2009 10:00:09 AM

### Overall by Distance: 10 Mile

OvrAll / Gndr / Div	No	Name	Representing	Division	Lap 1	min/mi	Lap 2	min/mi	Lap 3	min/mi	Lap 4	min/mi
1 / 1 / 1	30	MCCLELLAN, Wynn	Jackson	M13-19	29:24.9	23:38.4	14:41.9	5:52.8				
2 / 2 / 2	31	MATTHEWS, Travis	Malden	M13-19	15:04.2	24:33.8	15:24.4	6:09.8	15:33.3	6:13.3	15:22.600	6:08.5
3 / 3 / 1	20	FLEIGE, Paul	Jackson	M20-39	15:44.8	25:22.7	15:58.4	6:23.4	15:58.0	6:23.2	15:45.600	6:20.7
4 / 4 / 1	1	HAMMES, Kevin	Scott City, Mo	Masters Male...	15:47.4	25:30.2	15:52.4	6:21.0	16:08.0	6:27.2	15:57.800	6:22.6
5 / 5 / 2	3	LESTER, Joshua	Cape Girardeau, Mo	M20-39	15:36.5	25:50.5	15:54.7	6:21.9	16:12.2	6:28.9	16:52.800	6:27.6
6 / 6 / 2	15	BREITENSTEIN, Paul	Patton	Masters Male...	17:23.2	28:08.3	17:47.6	7:07.0	17:29.2	6:59.7	17:40.700	7:02.1
7 / 7 / 3	4	BRAMLETT, Kevin	Jackson, Mo	Masters Male...	18:19.5	29:07.7	18:07.3	7:14.9	18:09.4	7:15.8	18:13.000	7:16.9
8 / 8 / 4	5	SCHMITTZEHE, J. Steve	Cape Girardeau, Mo	Masters Male...	18:13.7	30:25.5	18:36.5	7:26.6	19:17.3	7:42.9	19:56.300	7:36.4
9 / 9 / 3	17	NISWONGER, Jason	Jackson, MO	M20-39	20:29.1	32:42.6	20:46.8	8:18.7	20:34.0	8:13.6	19:56.600	8:10.7
10 / 10 / 4	6	BUTLER, Matthew	Mayfield, Ky	M20-39	22:47.2	34:58.9	22:05.1	8:50.0	21:33.5	8:37.4	21:01.500	8:44.7
11 / 1 / 1	12	WILLIAMS, Heather	Sikeston, Mo	F20-39	22:24.2	35:36.8	22:18.8	8:55.5	22:15.6	8:54.2	22:03.300	8:54.2
12 / 2 / 2	18	PORTER, Katie	Perryville, MP	F20-39	23:59.8	38:52.3	24:32.2	9:48.9	24:43.0	9:53.2	23:55.700	9:43.1
13 / 11 / 5	19	HEURING, Joel	Perryville, MO	M20-39	23:59.7	38:52.3	24:32.2	9:48.9	24:43.0	9:53.2	23:55.900	9:43.1
14 / 3 / 3	21	PRUIETT, Kathryn	Perryville, MO	F20-39	21:53.3	40:00.5	25:10.1	10:04.0	25:12.0	10:04.8	27:45.800	10:00.1
15 / 12 / 5	7	PENZEL, Phil	Jackson, Mo	Masters Male...	23:38.7	41:35.5	26:06.1	10:26.4	26:39.8	10:39.9	27:34.100	10:23.9
16 / 4 / 1	11	PREUSSER, Karen	Jackson, Mo	Masters Fem...	27:08.9	44:26.4	27:34.1	11:01.6	27:50.0	11:08.0	28:33.000	11:06.6

\* indicates adjustments applied, see last page for details

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