



# 2010 Resolution Run 5k Preliminary Results

Friday, January 1, 2010 11:24:16 AM

## Division: M 12& Under

PL	No	Name	Age	Representing	Age Grade	Total Time	Back	Pace
43	16	GOODE, Quentin	12	CAPE GIRARDEAU, MO	43.44%	34:13.54	+0:00.00	11:02.4

Reg: 1 DNS: 0 DNF: 0 DQ: 0

## Division: F 12& Under

PL	No	Name	Age	Representing	Age Grade	Total Time	Back	Pace
47	2	AKLEY, Cat	12	ST. LOUIS, MO	40.87%	39:50.33	+0:00.00	12:51.1

Reg: 2 DNS: 1 DNF: 0 DQ: 0

## Division: M 13-19

PL	No	Name	Age	Representing	Age Grade	Total Time	Back	Pace
1	31	LEIGHTON, Billy	15	CAPE GIRARDEAU, MO	85.06%	16:21.64	+0:00.00	5:16.7
2	32	LEIGHTON, Roy	17	CAPE GIRARDEAU, MO	82.91%	16:16.94	+0:04.70	5:15.1
3	162	WOOLDRIDGE, Colton	16		81.24%	16:51.82	+0:30.18	5:26.4
7	56	SHEMONIA, Brandon	15	SCOTT CITY, MO	77.91%	17:51.70	+1:30.06	5:45.7
9	156	MONIA, Lars	17		76.89%	17:33.51	+1:11.87	5:39.8
10	154	DAVIS, Logan	18		76.80%	17:21.73	+1:00.09	5:36.0
17	52	SAYLOR, Jared	17	CAPE GIRARDEAU, MO	66.19%	20:23.76	+4:02.12	6:34.8
18	42	MYERS, Clayton	15	CAPE GIRARDEAU, MO	65.69%	21:11.15	+4:49.51	6:50.0
24	23	HEINSMAN, Timothy	14	CAPE GIRARDEAU, MO	61.23%	23:09.89	+6:48.25	7:28.4
31	152	FLORY, Robert	13		55.37%	26:11.33	+9:49.69	8:26.9
34	27	JOHNSON, Brody	16	WYATT, MO	53.09%	25:48.17	+9:26.53	8:19.4
36	14	GOODE, Caleb	16	CAPE GIRARDEAU, MO	51.75%	26:28.36	+10:06.72	8:32.4
38	58	TIDWELL, Eric	17	BERTRAND, MO	49.53%	27:15.40	+10:53.76	8:47.5
49	51	SANDERS, Cody	17	CHARLESTON, MO	38.30%	35:14.95	+18:53.31	11:22.2

Reg: 18 DNS: 4 DNF: 0 DQ: 0

## Division: F 13-19

PL	No	Name	Age	Representing	Age Grade	Total Time	Back	Pace
11	160	DOHGNE, Mary	17		76.02%	19:53.18	+0:00.00	6:24.9
13	62	WORTEL, Allison	15	CARBONDALE, IL	71.94%	21:32.70	+1:39.52	6:57.0
21	55	SCHMITTZEHE, Ashley	16	CAPE GIRARDEAU, MO	64.58%	23:41.41	+3:48.23	7:38.5
44	34	MANNING, Ariel	17	BERTRAND, MO	42.89%	35:14.80	+15:21.62	11:22.2

Reg: 7 DNS: 3 DNF: 0 DQ: 0

## Division: M 20-39

PL	No	Name	Age	Representing	Age Grade	Total Time	Back	Pace
14	33	LOFTON, Adam	27	SIKESTON, MO	71.66%	18:00.10	+0:00.00	5:48.4
15	29	KLAUS, Jason	34	FROHNA, MO	67.80%	19:20.74	+1:20.64	6:14.4
25	161	BIRMINGHAM, Keith	39		58.97%	22:58.77	+4:58.67	7:24.8
39	9	BYRD, Robert	32	MATTHEWS, MO	48.20%	26:58.34	+8:58.24	8:42.0
40	163	WRIGHT, Matt	33		47.20%	27:38.94	+9:38.84	8:55.1
45	24	HEPP, Aaron	39	ANNA, IL	42.13%	32:09.62	+14:09.52	10:22.5

Reg: 13 DNS: 7 DNF: 0 DQ: 0

## Division: F 20-39

PL	No	Name	Age	Representing	Age Grade	Total Time	Back	Pace
19	26	JANNIN, Chellie	36	PERRYVILLE, MO	65.53%	22:54.92	+0:00.00	7:23.5
22	167	WILLIAMS, Heather	36		64.32%	23:20.82	+0:25.90	7:31.9
33	166	CAMDEN, Sally	39		54.86%	27:45.95	+4:51.03	8:57.4

Reg: 6 DNS: 1 DNF: 0 DQ: 0

\* indicates adjustments applied, see last page for details

# 2010 Resolution Run 5k

## Division: F 20-39 Continued

			Reg: 6 DNS: 1 DNF: 0 DQ: 0					
PL	No	Name	Age	Representing	Age Grade	Total Time	Back	Pace
35	153	WEADON, Erica	30		52.90%	27:58.53	+5:03.61	9:01.5
46	15	GOODE, Emily	39	CAPE GIRARDEAU, MO	42.08%	36:11.86	+13:16.94	11:40.6

## Division: M 40-49

			Reg: 11 DNS: 2 DNF: 0 DQ: 0					
PL	No	Name	Age	Representing	Age Grade	Total Time	Back	Pace
5	19	HAMMES, Kevin	44	SPLIT MASTERS ELITE	78.67%	17:52.81	+0:00.00	5:46.1
6	7	BRAMLETT, Kevin	48	SPLIT MASTERS ELITE	77.96%	18:37.25	+0:44.44	6:00.4
8	36	MARRIOTT, Delbert	41	SPLIT MASTERS ELITE	77.49%	17:44.62	+0:08.19	5:43.4
12	54	SCHMITZHEHE, Steve	45	SPLIT MASTERS ELITE	72.05%	19:41.16	+1:48.35	6:21.0
20	159	WALKER, Glenn	40		64.81%	21:03.78	+3:10.97	6:47.7
27	21	ALDRIDGE, Shannon	46	CAPE GIRARDEAU, MO	57.31%	24:55.26	+7:02.45	8:02.3
32	59	VALLEROY, Paul	44	CAPE GIRARDEAU, MO	55.31%	25:25.97	+7:33.16	8:12.2
41	18	GROJEAN, Chris	45	New Hamburg, MO	46.80%	30:18.48	+12:25.67	9:46.6
51	3	AKLEY, Steve	41	ST. LOUIS, MO	34.68%	39:38.88	+21:46.07	12:47.4

## Division: F 40-49

			Reg: 5 DNS: 1 DNF: 0 DQ: 0					
PL	No	Name	Age	Representing	Age Grade	Total Time	Back	Pace
26	8	BURCH, Tammy	46	SIKESTON, MO	57.91%	27:51.67	+0:00.00	8:59.2
29	6	BOYCE, Michelle	42	CARBONDALE, IL	55.54%	27:59.77	+0:08.10	9:01.9
37	25	HEPP, Robin	45	ANNA, IL	49.64%	32:09.79	+4:18.12	10:22.5
50	1	AKLEY, Amy	40	ST. LOUIS, MO	36.88%	41:34.32	+13:42.65	13:24.6

## Division: M 50+

			Reg: 4 DNS: 0 DNF: 0 DQ: 0					
PL	No	Name	Age	Representing	Age Grade	Total Time	Back	Pace
23	155	DAVIS, Bill	57		63.11%	24:46.24	+0:00.00	7:59.4
30	50	ROBEY, Ross	55	BLOOMFIELD, MO	55.53%	27:40.24	+2:54.00	8:55.6
42	165	JOBE, Mike	53		45.59%	33:09.30	+8:23.06	10:41.7
48	43	MYERS, John	52	CAPE GIRARDEAU, MO	40.65%	36:51.45	+12:05.21	11:53.4

## Division: F 50+

			Reg: 3 DNS: 0 DNF: 0 DQ: 0					
PL	No	Name	Age	Representing	Age Grade	Total Time	Back	Pace
4	30	KRAMER, Sue	56	CREAL SPRINGS, IL	80.71%	22:39.13	+0:00.00	7:18.4
16	151	HINZE, Jane	53		67.64%	25:59.81	+3:20.68	8:23.2
28	40	MILLER, Camille	68	CLARKSVILLE, TN	57.25%	38:06.55	+15:27.42	12:17.6

## Division: 1-Mile Fun Run

			Reg: 9 DNS: 6 DNF: 0 DQ: 0					
PL	No	Name	Age	Representing	Age Grade	Total Time	Back	Pace
20		HAMPTON, Susan	52	SIKESTON, MO	.00%	12:08.40	+0:00.00	