



2015 Hero Up 5k/10k & 1 Mile Fun Run Final Results

Start Time: Saturday, May 2, 2015 9:00:00 AM

Saturday, May 2, 2015 10:23:32 AM

Division: Male Overall Champion 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	201	WILHOIT, Galen	JEFFERSON CITY MO	26:53.2	+0:00.0	8:38.7

Reg: 1 DNS: 0 DNF: 0 DQ: 0

Division: Female Overall Champion 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	110	CORRELL, Elizabeth	KANSAS CITY MO	29:14.6	+0:00.0	9:24.2

Reg: 1 DNS: 0 DNF: 0 DQ: 0

Division: F 18 & Under 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	157	MORGAN, Bella	LEXINGTON MO	32:11.8	+0:00.0	10:21.2
2	162	MORTON, Emeli	LEXINGTON MO	35:48.2	+3:36.4	11:30.7
3	182	TENNISON, Cheyanne	WELLINGTON MO	35:56.2	+3:44.4	11:33.3
4	166	NEWBERRY, Sheridan	LEXINGTON MO	35:56.8	+3:45.0	11:33.5
5	141	JENKINS, Zoe Lee	LEXINGTON MO	36:31.4	+4:19.6	11:44.6
6	164	MORTON, Tessa	LEXINGTON MO	40:49.0	+8:37.2	13:07.5
7	124	EADS, Sage	LEXINGTON MO	40:49.4	+8:37.6	13:07.6
8	174	RODEKOHR, Amanda	LEXINGTON MO	41:36.0	+9:24.2	13:22.6
8	175	RODEKOHR, Sonya	LEXINGTON MO	41:36.0	+9:24.2	13:22.6
10	112	DOBSON, Gabrielle	LEXINGTON MO	45:27.8	+13:16.0	14:37.1
11	177	SCHUMACHER, Sarah	LEXINGTON MO	51:55.3	+19:43.5	16:41.7
12	119	DURIGAN, Emily	LEXINGTON MO	53:54.2	+21:42.4	17:19.9
13	105	CHALLAHAN, Abby	LEXINGTON MO	56:44.6	+24:32.8	18:14.7
14	198	CHAPPELLE, Brooklyn	LEXINGTON MO	56:59.5	+24:47.7	18:19.5
15	187	THEE, Kyra	LEXINGTON MO	58:05.3	+25:53.5	18:40.7
16	192	WARD, Macie	WELLINGTON MO	58:17.1	+26:05.3	18:44.5
17	151	MARTIN, Abby	LEXINGTON MO	59:52.9	+27:41.1	19:15.3
18	107	CHAPPELL, Haleigh	LEXINGTON MO	1:03:29.9	+31:18.1	20:25.0

Reg: 21 DNS: 3 DNF: 0 DQ: 0

Division: M 18 & Under 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	144	KARNES, Tanner	WARRENSBURG MO	28:55.5	+0:00.0	9:18.0
2	194	RAGER, Daniel	CLINTON MO	29:11.0	+0:15.5	9:23.0
3	113	DOBSON, Parker	LEXINGTON MO	43:04.9	+14:09.4	13:51.2
4	111	FINKELDEI, Emmitt	LEXINGTON MO	47:14.3	+18:18.8	15:11.4
5	176	FINKELDEI, Ethan	LEXINGTON MO	47:14.6	+18:19.1	15:11.4
6	115	DOBSON, Sawyer	LEXINGTON MO	56:39.4	+27:43.9	18:13.1

Reg: 8 DNS: 2 DNF: 0 DQ: 0

Division: F 20-29 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	168	NICHOLS, Jasmine	KANSAS CITY MO	30:49.8	+0:00.0	9:54.8
2	208	OBRIEN, Emily		34:04.5	+3:14.7	10:57.4
3	197	WILLIAMS, Bailey	INDEPENDENCE MO	36:56.0	+6:06.2	11:52.5
4	102	BENKERT, Jennifer	KANSAS CITY MO	39:16.7	+8:26.9	12:37.8
5	189	TOWNSEND, Jennifer	KANSAS CITY MO	46:02.9	+15:13.1	14:48.4

Reg: 6 DNS: 0 DNF: 0 DQ: 0

* indicates adjustments applied, see last page for details

Page: 1

2015 Hero Up 5k/10k & 1 Mile Fun Run

Division: F 20-29 5k Continued

PL	No	Name	Representing	Total Time	Back	Pace
6	193	WEIDMAN, Amanda	KANSAS CITY MO	46:03.6	+15:13.8	14:48.6

Reg: 6 DNS: 0 DNF: 0 DQ: 0

Division: F 30-39 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	116	DONNELLY, Elizabeth	FAIRWAY KS	32:35.0	+0:00.0	10:28.6
2	114	DOBSON, Sarrah	LEXINGTON MO	43:07.1	+10:32.1	13:51.9
3	181	STREICHER, Amy	LEXINGTON MO	47:16.5	+14:41.5	15:12.1
4	126	FINKELDEI, Amanda	LEXINGTON MO	47:19.9	+14:44.9	15:13.2
5	161	MORRIS, Sarah	KNOB NOSTER MO	48:41.4	+16:06.4	15:39.4
6	140	JENNINGS, Aarica	LEXINGTON MO	52:37.6	+20:02.6	16:55.3
7	186	THEE, Jessica	LEXINGTON MO	58:12.9	+25:37.9	18:43.1
8	108	CHAPPELL, Sherry	LEXINGTON MO	1:03:33.5	+30:58.5	20:26.2

Reg: 10 DNS: 2 DNF: 0 DQ: 0

Division: M 30-39 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	170	PIERCE, Ryan	ODESSA MO	31:57.9	+0:00.0	10:16.7
2	158	MORGAN, Derek	LEXINGTON MO	32:37.3	+0:39.4	10:29.4
3	211	ZAHL, Travis	CANER MO	48:15.8	+16:17.9	15:31.1
4	205	BRIDGES, Ritchie	WELLINGTON MO	1:14:45.7	+42:47.8	24:02.3

Reg: 5 DNS: 1 DNF: 0 DQ: 0

Division: F 40-49 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	178	SCHMIDLI, Shawn	LEETON MO	29:40.2	+0:00.0	9:32.4
2	101	BEGEMANN, Stacy	ODESSA MO	33:23.4	+3:43.2	10:44.2
3	206	MACHICAO, Christine	ST. LOUIS MO	36:43.6	+7:03.4	11:48.6
4	204	BEGEMANN, Amy	ODESSA MO	41:18.1	+11:37.9	13:16.8
5	123	EADS, Sabra	LEXINGTON MO	41:24.7	+11:44.5	13:18.9
6	183	TENNISON, Tammy	WELLINGTON MO	43:36.3	+13:56.1	14:01.3
7	179	SIMNITT, Rhonda	LEXINGTON MO	52:38.2	+22:58.0	16:55.5
8	152	MARTIN, Leah	LEXINGTON MO	53:51.7	+24:11.5	17:19.1
9	117	RODEKOHR, Suzanne	LEXINGTON MO	54:26.2	+24:46.0	17:30.2
10	133	GROSS, Karen	BUCKNER MO	58:16.2	+28:36.0	18:44.2
11	184	TENNISON, Kelly	BUCKNER MO	58:17.4	+28:37.2	18:44.6
12	104	BRIDGES, Abra	WELLINGTON MO	1:14:57.1	+45:16.9	24:06.0

Reg: 13 DNS: 1 DNF: 0 DQ: 0

Division: M 40-49 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	148	LOWERY, Chris	BATES CITY MO	27:50.6	+0:00.0	8:57.2
2	200	STEVENS, Alan	ASHLAND MO	33:48.5	+5:57.9	10:52.3
3	156	MILLER, Garen	SHREWSBURY MO	33:55.1	+6:04.5	10:54.4
4	150	MACHICAO, David	ST. LOUIS MO	34:34.4	+6:43.8	11:07.0
5	134	CHAPPELLE, Brian	LEXINGTON MO	56:59.6	+29:09.0	18:19.5
6	128	GARRISON, Rodney	WELLINGTON MO	1:14:46.2	+46:55.6	24:02.5

Reg: 6 DNS: 0 DNF: 0 DQ: 0

Division: F 50+ 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	103	BROCK, Susan	SEDALIA MO	48:43.3	+0:00.0	15:40.0
2	118	DURIGAN, Annie	LEXINGTON MO	53:53.8	+5:10.5	17:19.8
3	109	COMER, Dian	LEXINGTON MO	54:29.1	+5:45.8	17:31.2
4	199	HIPPENSTEEL, Shirlene	NAPOLEON MO	1:14:56.0	+26:12.7	24:05.7

Reg: 6 DNS: 2 DNF: 0 DQ: 0

Division: M 50+ 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	210	BRAUCHER, John	WARSAW MO	28:56.3	+0:00.0	9:18.3

Reg: 3 DNS: 2 DNF: 0 DQ: 0

Division: Male Overall Champion 10k

PL	No	Name	Representing	Total Time	Back	Pace
1	214	NELSON, Eric	CENTERVIEW MO	44:46.9	+0:00.0	7:12.0

Reg: 1 DNS: 0 DNF: 0 DQ: 0

* indicates adjustments applied, see last page for details

Page: 2

2015 Hero Up 5k/10k & 1 Mile Fun Run

Division: Female Overall Champion 10k

PL	No	Name	Representing	Total Time	Back	Pace
1	155	MERTENSMEYER, Emily	SPRINGFIELD MO	51:57.2	+0:00.0	8:21.2

Reg: 1 DNS: 0 DNF: 0 DQ: 0

Division: F 18 & Under 10k

PL	No	Name	Representing	Total Time	Back	Pace
1	216	BEGEMANN, Hannah	ODESSA MO	1:06:02.7	+0:00.0	10:37.1

Reg: 1 DNS: 0 DNF: 0 DQ: 0

Division: M 18 & Under 10k

PL	No	Name	Representing	Total Time	Back	Pace
1	203	BEGEMANN, Nathan	ODESSA MO	51:49.6	+0:00.0	8:19.9

Reg: 1 DNS: 0 DNF: 0 DQ: 0

Division: F 20-29 10k

PL	No	Name	Representing	Total Time	Back	Pace
1	154	MAWSON, Lee	RAYMORE MO	1:06:24.4	+0:00.0	10:40.6
2	143	JOHNSON, Ana	MARSHALL MO	1:06:24.5	+0:00.1	10:40.6

Reg: 2 DNS: 0 DNF: 0 DQ: 0

Division: F 30-39 10k

PL	No	Name	Representing	Total Time	Back	Pace
1	202	LARSON, Hannah	KANSAS CITY MO	1:02:11.7	+0:00.0	10:00.0

Reg: 1 DNS: 0 DNF: 0 DQ: 0

Division: M 30-39 10k

PL	No	Name	Representing	Total Time	Back	Pace
1	135	HAMILTON, Zach	FAIRWAY KS	48:15.6	+0:00.0	7:45.5

Reg: 1 DNS: 0 DNF: 0 DQ: 0

Division: F 40-49 10k

PL	No	Name	Representing	Total Time	Back	Pace
1	137	HILLS, Angela	SHAWNEE KS	1:02:11.3	+0:00.0	9:59.9

Reg: 1 DNS: 0 DNF: 0 DQ: 0

Division: M 40-49 10k

PL	No	Name	Representing	Total Time	Back	Pace
1	138	HILLS, Chris	SHAWNEE KS	1:06:31.9	+0:00.0	10:41.8

Reg: 1 DNS: 0 DNF: 0 DQ: 0

Division: F 50+ 10k

PL	No	Name	Representing	Total Time	Back	Pace
1	106	CALVERT, Kathy	ODESSA MO	55:40.8	+0:00.0	8:57.1

Reg: 1 DNS: 0 DNF: 0 DQ: 0

Division: M 50+ 10k

PL	No	Name	Representing	Total Time	Back	Pace
1	195	WHITE, Jesse	CLINTON MO	1:06:55.2	+0:00.0	10:45.5

Reg: 1 DNS: 0 DNF: 0 DQ: 0

Division: 1 Mile Fun Run

PL	No	Name	Representing	Total Time	Back	Pace
1	136	HAYES, Arline	ODESSA MO	21:20.4	+0:00.0	21:20.4
2	145	LARSON, Jacob	WAVERLY MO	24:42.5	+3:22.1	24:42.5
3	146	LARSON, Megan	WAVERLY MO	24:43.4	+3:23.0	24:43.4
4	215	PEUSTER, Rachel	CLINTON MO	25:26.3	+4:05.9	25:26.3
4	196	WHITE, Terri Rager	CLINTON MO	25:26.3	+4:05.9	25:26.3
6	212	HEATER, Laura	ODESSA MO	27:16.1	+5:55.7	27:16.1
7	180	SMITH, Glenda	ODESSA MO	28:04.2	+6:43.8	28:04.2
8	139	JEFFERIES, Carol	ODESSA MO	28:04.3	+6:43.9	28:04.3
9	167	NEWBERRY, Tonya	LEXINGTON MO	43:36.1	+22:15.7	43:36.1
10	153	MASSEY, Sandra	ODESSA MO	1:08:16.9	+46:56.5	1:08:16.9
11	185	TERRILL, Marcie	ODESSA MO	1:08:20.1	+46:59.7	1:08:20.1
12	165	NAPPER, Bev	GRAIN VALLEY MO	1:08:20.7	+47:00.3	1:08:20.7

Reg: 23 DNS: 11 DNF: 0 DQ: 0