



2015 Tim Heinz 5k/10k Final Results

Start Time: Saturday, April 18, 2015 9:00:00 AM

Saturday, April 18, 2015 10:33:15 AM

Division: Male Champion 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	69	PANDOLFO, Jordan	COLUMBIA MO	19:29.1	+0:00.0	6:15.9

Reg: 1 DNS: 0 DNF: 0 DQ: 0

Division: Female Champion 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	40	WARREN, Melanie	CHILLICOTHE MO	22:52.8	+0:00.0	7:21.4

Reg: 1 DNS: 0 DNF: 0 DQ: 0

Division: M 19 & Under 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	137	GORE, Zachary		21:50.4	+0:00.0	7:01.4

Reg: 1 DNS: 0 DNF: 0 DQ: 0

Division: F 20-29 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	22	MCMURDIE, Whitney	COLUMBIA MO	23:45.6	+0:00.0	7:38.4
2	5	ELZEIN, Anna	FLORISSANT MO	24:17.4	+0:31.8	7:48.6
3	29	THOMPSON, Rebecca	COLUMBIA MO	24:27.3	+0:41.7	7:51.8
4	12	PFLEGER, Britteny	COLUMBIA MO	24:28.9	+0:43.3	7:52.3
5	131	HENSON, Renee	COLUMBIA MO	24:37.3	+0:51.7	7:55.0
6	28	HURST, Kenzie	JEFFERSON CITY MO	25:28.1	+1:42.5	8:11.4
7	14	JOHNSON, Caroline	COLUMBIA MO	25:44.0	+1:58.4	8:16.5
8	139	BOULICAULT, Arial		27:22.8	+3:37.2	8:48.2
9	23	ROSENFELDER, Shelly	SPRINGFIELD MO	27:45.8	+4:00.2	8:55.6
10	122	BORGMEYER, Sara	COLUMBIA MO	29:11.4	+5:25.8	9:23.2
11	9	FENNESSEY, Sheaffer	COLUMBIA MO	29:51.0	+6:05.4	9:35.9
12	33	PEERY, Kelly	COLUMBIA MO	29:52.3	+6:06.7	9:36.3
13	25	SETTLEMOIR, Crystal	POWERSITE MO	30:58.6	+7:13.0	9:57.6
14	24	WAGNER, Kristen	COLUMBIA MO	31:02.4	+7:16.8	9:58.8
15	3	HOWELL, Sade	MORTON GROVE IL	32:11.2	+8:25.6	10:21.0
16	31	LEONARD-SCOTT, Cassidy	COLUMBIA MO	32:16.9	+8:31.3	10:22.8
17	19	BACKHAUS, Sarah	COLUMBIA MO	35:40.0	+11:54.4	11:28.1
18	27	MOELLER, Elizabeth	COLUMBIA MO	35:41.3	+11:55.7	11:28.5
19	13	HATTING, Elizabeth	COLUMBIA MO	35:41.8	+11:56.2	11:28.7
20	21	ANGLO, Rebecca	BALLWIN MO	35:58.0	+12:12.4	11:33.9
21	129	HAYTER, Cailynn	COLUMBIA MO	36:06.6	+12:21.0	11:36.7
21	4	WHEELWRIGHT, Brooke	COLUMBIA MO	36:06.6	+12:21.0	11:36.7
23	8	KERBS, Katherine	COLUMBIA MO	41:29.1	+17:43.5	13:20.4
24	30	HODGESS, Tamar	COLUMBIA MO	42:16.1	+18:30.5	13:35.5
25	32	PETKOVICH, Laura	COLUMBIA MO	42:17.3	+18:31.7	13:35.9
26	17	RINEHART, Sarah	COLUMBIA MO	52:49.0	+29:03.4	16:59.0
27	16	WILLINGHAM, Victoria	COLUMBIA MO	1:02:38.4	+38:52.8	20:08.5
28	11	MUDD, Hannah	COLUMBIA MO	1:02:38.6	+38:53.0	20:08.6
29	10	HENRION, Ellen	ARNOLD MO	1:02:38.9	+38:53.3	20:08.6

Reg: 35 DNS: 6 DNF: 0 DQ: 0

* indicates adjustments applied, see last page for details

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Division: M 20-29 5k

				Reg: 32 DNS: 3 DNF: 0 DQ: 0		
PL	No	Name	Representing	Total Time	Back	Pace
1	74	NIXON, Jeremiah	SAINT LOUIS MO	20:47.4	+0:00.0	6:41.1
2	138	DUCKWORTH, Ethan		20:54.8	+0:07.4	6:43.5
3	61	THRASHER, Alex	COLUMBIA MO	21:05.2	+0:17.8	6:46.8
4	65	BRAUN, Travis	COLUMBIA MO	23:19.7	+2:32.3	7:30.1
5	70	LOGAN, Patrick	COLUMBIA MO	23:29.2	+2:41.8	7:33.1
6	67	WRIGHT, Adam	COLUMBIA MO	23:37.7	+2:50.3	7:35.9
7	84	JAMISON, Ken	COLUMBIA MO	23:57.9	+3:10.5	7:42.3
8	76	STAIR, Brian	RICHMOND HEIGHTS MO	24:10.4	+3:23.0	7:46.4
9	134	PRSHA, Ryan	COLUMBIA MO	24:45.0	+3:57.6	7:57.5
10	195	ZOTOS, Nick	DALLAS, TX	25:12.6	+4:25.2	8:06.4
11	60	KOHOUT, Spencer	COLUMBIA MO	26:19.4	+5:32.0	8:27.8
12	72	CADY, Steve	COLUMBIA MO	26:27.4	+5:40.0	8:30.4
13	68	BROWN, Jared	COLUMBIA MO	26:34.9	+5:47.5	8:32.8
14	79	OWENS, Michael	LAWRENCE KS	27:02.7	+6:15.3	8:41.8
15	80	WALKER, Darrion	BELTON MO	27:55.8	+7:08.4	8:58.8
16	121	BORGMEYER, Billy	COLUMBIA MO	29:11.0	+8:23.6	9:23.0
17	120	WAGNER, Caleb	CALEB MO	29:17.4	+8:30.0	9:25.1
18	71	MIMS, Arsenio	PEORIA HEIGHTS IL	29:25.1	+8:37.7	9:27.6
19	75	HANE, Joel	ST. JOSEPH MO	29:49.8	+9:02.4	9:35.5
20	59	HARMON, Sean	COLUMBIA MO	31:22.6	+10:35.2	10:05.3
21	78	BAKULA, Ben	ST. LOUIS MO	31:31.0	+10:43.6	10:08.0
22	81	SCOTT, Brian	COLUMBIA MO	32:17.2	+11:29.8	10:22.9
23	77	KASNETZ, Zachary	COLUMBIA MO	33:04.2	+12:16.8	10:38.0
24	119	NELY, Ryan	COLUMBAI MO	33:21.4	+12:34.0	10:43.5
25	114	LYNCH, Ted	COLUMBIA MO	35:25.0	+14:37.6	11:23.3
26	73	GUNTLI, Timothy	SAINT LOUIS MO	35:57.9	+15:10.5	11:33.9
27	66	CLIZER, John	COLUMBIA MO	47:55.7	+27:08.3	15:24.7
28	82	DOKKEN, Josh	COLUMBIA MO	52:48.7	+32:01.3	16:58.9
29	62	HUTCHISON, Charles	COLUMBIA MO	54:35.4	+33:48.0	17:33.2

Division: F 30-39 5k

				Reg: 15 DNS: 4 DNF: 0 DQ: 0		
PL	No	Name	Representing	Total Time	Back	Pace
1	116	HEINSZ, Megan	COLUMBIA MO	24:31.3	+0:00.0	7:53.1
2	142	MENDENHALL, Cortney		26:48.6	+2:17.3	8:37.2
3	42	MUDD, Caroline	KANSAS CITY MO	29:58.9	+5:27.6	9:38.4
4	43	BUSCH, Kate	COLUMBIA MO	30:42.5	+6:11.2	9:52.4
5	115	BRIDGES, Kaitlin	ST. LOUIS MO	35:21.0	+10:49.7	11:22.0
6	37	GRIFFIN, Mary Beth	COLUMBIA MO	35:53.6	+11:22.3	11:32.5
7	41	PETKOVICH, Martha	COLUMBIA MO	40:47.4	+16:16.1	13:06.9
8	45	BRITT, Mihaela	COLUMBIA MO	43:44.5	+19:13.2	14:03.9
9	39	SALETTI, Julie	OFALLON MO	44:45.6	+20:14.3	14:23.5
10	38	TAYLOR, Spring	COLUMBIA MO	49:59.8	+25:28.5	16:04.6
11	44	MARTINEZ, Janna	INDEPENDENCE MO	1:04:09.4	+39:38.1	20:37.7

Division: M 30-39 5k

				Reg: 13 DNS: 2 DNF: 0 DQ: 0		
PL	No	Name	Representing	Total Time	Back	Pace
1	91	DALLAVIS, Matt	BALLWIN MO	27:08.1	+0:00.0	8:43.5
2	143	MENDENHALL, Zach		28:28.5	+1:20.4	9:09.4
3	141	FOX, Brendon		28:52.2	+1:44.1	9:17.0
4	89	MUDD, Jason	KANSAS CITY MO	30:03.1	+2:55.0	9:39.8
5	87	LASSITER, Peter	OFALLON MO	35:31.4	+8:23.3	11:25.3
6	85	BOHL, David	COLUMBIA MO	36:11.7	+9:03.6	11:38.3
7	128	VICKERY, Adam	COLUMBIA MO	36:24.0	+9:15.9	11:42.3
8	90	BEST, Lyle	COLUMBIA MO	41:29.6	+14:21.5	13:20.5
9	88	MRUZIK, Chris	COLUMBIA MO	45:08.8	+18:00.7	14:31.0
10	92	MARTINEZ, Michael	INDEPENDENCE MO	1:01:33.6	+34:25.5	19:47.7
11	140	JONES, Matt		1:01:34.6	+34:26.5	19:48.0

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Division: F 40-49 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	48	LEONARD, Lyndsey	SOUTHLAKE TX	36:21.2	+0:00.0	11:41.4
2	126	TENNISON, Angela	COLUMBIA MO	42:43.8	+6:22.6	13:44.4

Reg: 4 DNS: 2 DNF: 0 DQ: 0

Division: M 40-49 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	136	GORE, Gabe		21:53.6	+0:00.0	7:02.4
2	95	LAMBERT, Thomas	COLUMBIA MO	23:43.8	+1:50.2	7:37.8
3	93	ADAMSON, Charles	KIRKWOOD MO	26:58.8	+5:05.2	8:40.5
4	94	BYRNE, Michael	COLUMBIA MO	27:56.0	+6:02.4	8:58.9
5	96	HEINIG, Randy	COLUMBIA MO	28:23.8	+6:30.2	9:07.8
6	117	PHELPS, Travis	COLUMBIA MO	32:10.5	+10:16.9	10:20.7

Reg: 6 DNS: 0 DNF: 0 DQ: 0

Division: F 50+ 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	118	HEINSZ, Christine	COLUMBIA MO	32:43.5	+0:00.0	10:31.4
2	58	ALLEN, Andrea	COLUMBIA MO	36:14.6	+3:31.1	11:39.2
3	51	ROARK, Wren	COLUMBIA MO	49:53.0	+17:09.5	16:02.4
4	55	BRADSHAW, Diane	KANSAS CITY MO	52:46.7	+20:03.2	16:58.2
5	135	FISCHER, Nancy		53:40.1	+20:56.6	17:15.4
5	113	UPHOFF, Marsh	COLUMBIA MO	53:40.1	+20:56.6	17:15.4
7	57	JONES, Cathy	KANSAS CITY MO	1:04:10.2	+31:26.7	20:38.0
8	56	AUMAN, Eva	LORTON VA	1:07:57.0	+35:13.5	21:50.9

Reg: 15 DNS: 7 DNF: 0 DQ: 0

Division: M 50+ 5k

PL	No	Name	Representing	Total Time	Back	Pace
1	97	FISCHER, Zel	JEFFERSON CITY MO	25:29.4	+0:00.0	8:11.8
2	106	MARSHALL, John	COLUMBIA MO	26:58.1	+1:28.7	8:40.3
3	103	BOWMAN, Frank	COLUMBIA MO	27:55.8	+2:26.4	8:58.8
4	109	GERLING, Bill	JEFFERSON CITY MO	28:05.9	+2:36.5	9:02.1
5	130	HENSON, Chuck	COLUMBIA MO	29:03.9	+3:34.5	9:20.7
6	107	SKALSTAD, Rich	COLUMBIA MO	31:00.5	+5:31.1	9:58.2
7	101	BRADSHAW, Jean	KANSAS CITY MO	33:01.0	+7:31.6	10:37.0
8	110	KOERNER, Wendell	SAINT JOSEPH MO	33:22.9	+7:53.5	10:44.0
9	100	MILLER, John	KANSAS CITY MO	35:24.5	+9:55.1	11:23.1
10	111	DUNCAN, Joe	COLUMBIA MO	36:09.3	+10:39.9	11:37.5
11	112	UPHOFF, Rod	COLUMBIA MO	45:07.5	+19:38.1	14:30.6
12	104	ROARK, John	COLUMBIA MO	49:53.6	+24:24.2	16:02.6
13	124	PETKOVICH, Frank	COLUMBIA MO	1:03:15.6	+37:46.2	20:20.5
14	105	AUMAN, Laurence	LORTON VA	1:07:57.8	+42:28.4	21:51.2

Reg: 19 DNS: 5 DNF: 0 DQ: 0

Division: Male Champion 10k

PL	No	Name	Representing	Total Time	Back	Pace
1	187	ELLISON, Alex	COLUMBIA MO	39:03.6	+0:00.0	6:16.8

Reg: 1 DNS: 0 DNF: 0 DQ: 0

Division: Female Champion 10k

PL	No	Name	Representing	Total Time	Back	Pace
1	173	HASELTINE, Alice	COLUMBIA MO	50:18.6	+0:00.0	8:05.3

Reg: 1 DNS: 0 DNF: 0 DQ: 0

Division: F 20-29 10k

PL	No	Name	Representing	Total Time	Back	Pace
1	198	MILLION, Megan	COLUMBIA MO	51:44.5	+0:00.0	8:19.1
2	197	DOERR, Amy	ST. LOUIS MO	56:49.2	+5:04.7	9:08.1
3	169	CRAWFORD, Sarah	COLUMBIA MO	59:20.7	+7:36.2	9:32.5
4	199	YOUMARAN, Kristina	COLUMBIA MO	1:02:32.4	+10:47.9	10:03.3

Reg: 6 DNS: 2 DNF: 0 DQ: 0

Division: M 20-29 10k

PL	No	Name	Representing	Total Time	Back	Pace
1	185	JACKSON, Neil	COLUMBIA MO	44:45.5	+0:00.0	7:11.8
2	184	HUMMEL, Jonathan	COLUMBIA MO	45:40.2	+0:54.7	7:20.5

Reg: 6 DNS: 0 DNF: 0 DQ: 0

* indicates adjustments applied, see last page for details

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Division: M 20-29 10k Continued

				Reg: 6 DNS: 0 DNF: 0 DQ: 0		
PL	No	Name	Representing	Total Time	Back	Pace
3	186	LOGAN, Jared	ROCK ISLAND IL	47:40.1	+2:54.6	7:39.8
4	183	FEYGELMAN, David	COLUMBIA MO	50:16.4	+5:30.9	8:05.0
5	172	BAKER, Matthew	COLUMBIA MO	50:19.4	+5:33.9	8:05.4
6	182	MILFORD, Sean	COLUMBIA MO	51:40.3	+6:54.8	8:18.4

Division: F 30-39 10k

				Reg: 3 DNS: 1 DNF: 0 DQ: 0		
PL	No	Name	Representing	Total Time	Back	Pace
1	194	SCHMIDT, Ashley	BOONVILLE MO	54:37.2	+0:00.0	8:46.9
2	193	MALWITZ, Kari	COLUMBIA MO	1:09:47.6	+15:10.4	11:13.2

Division: M 30-39 10k

				Reg: 11 DNS: 1 DNF: 0 DQ: 0		
PL	No	Name	Representing	Total Time	Back	Pace
1	170	MENDEZ, Jose	COLUMBIA MO	42:35.1	+0:00.0	6:50.8
2	179	MILLION, Aj	COLUMBIA MO	45:19.5	+2:44.4	7:17.2
3	178	SCHMIDT, Dustin	BOONVILLE MO	49:16.0	+6:40.9	7:55.2
4	180	HARTMAN, Daniel	COLUMBIA MO	50:15.4	+7:40.3	8:04.8
5	174	KAPLAN, Ross	JEFFERSON CITY MO	51:58.8	+9:23.7	8:21.4
6	177	SOENDKER NICHOLSON, Sean	COLUMBIA MO	52:07.6	+9:32.5	8:22.8
7	171	TENNISON, Josh	COLUMBIA MO	55:37.2	+13:02.1	8:56.5
8	181	BETZ, Ryan	COLUMBIA MO	1:00:23.6	+17:48.5	9:42.6
9	176	PEPER, William	TROY MO	1:02:32.4	+19:57.3	10:03.3
10	168	CLICK, Robert		1:07:20.7	+24:45.6	10:49.6

Division: F 40-49 10k

				Reg: 4 DNS: 1 DNF: 0 DQ: 0		
PL	No	Name	Representing	Total Time	Back	Pace
1	191	TUCKER, Jennifer	JEFFERSON CITY MO	55:48.7	+0:00.0	8:58.4
2	190	DETMER, Kris	COLUMBIA MO	1:10:54.4	+15:05.7	11:24.0
3	189	SHOEMAKER, Charlene	FULTON MO	1:11:57.9	+16:09.2	11:34.2