

# Hope & Honor 7k Run Final Results

Start Time: Saturday, March 23, 2013 8:00:00 AM

Saturday, March 23, 2013 9:54:50 AM

## Overall by Distance: 7k

OvrAll / Gndr / Div	No	Name	Representing	Division	Total Time	Back	Pace
1 / 1 / 1	3775	SCHROEDER, Justin		MALE OVERALL	29:17.8	+0:00.0	6:39.5
2 / 2 / 2	3766	MELTON, Ben		MALE OVERALL	30:04.0	+0:46.2	6:50.0
3 / 1 / 1	3763	RAY, Melissa		FEMALE OVERA...	31:11.1	+1:53.3	7:05.2
4 / 3 / 3	4	BOOKER, Daniel	DYERSBURG TN	MALE OVERALL	32:07.8	+2:50.0	7:18.1
5 / 4 / 1	3768	SHINE, Robert		M20-24	32:18.1	+3:00.3	7:20.5
6 / 5 / 1	45	KING, Joe	DYERSBURG TN	M30-34	32:41.3	+3:23.5	7:25.7
7 / 6 / 2	84	TUBBS, Steven	BOGOTA TN	M20-24	32:47.1	+3:29.3	7:27.1
8 / 7 / 2	3774	RICHARDSON, Ben		M30-34	33:11.6	+3:53.8	7:32.6
9 / 8 / 1	27	ESPINOSA, Daniel	PARIS TN	M25-29	33:34.4	+4:16.6	7:37.8
10 / 9 / 3	71	SCHERER, Jared	MARTIN TN	M20-24	33:34.5	+4:16.7	7:37.8
11 / 10 / 4	63	OWEN, Sam	DYERSBURG TN	M20-24	34:27.4	+5:09.6	7:49.9
12 / 11 / 1	60	NEWMAN, Phillip	DYERSBURG TN	M55-59	34:43.9	+5:26.1	7:53.6
13 / 12 / 1	13	COLEMAN, John	HERMITAGE TN	M40-44	34:59.1	+5:41.3	7:57.1
14 / 13 / 2	73	SEWELL, Scott	DYERSBURG TN	M40-44	35:13.4	+5:55.6	8:00.3
15 / 14 / 1	66	PECKENPAUGH, Brian	DYERSBURG TN	M35-39	35:18.3	+6:00.5	8:01.4
16 / 15 / 1	78	STEGEMAN, Roger	DYERSBURG TN	M45-49	35:34.0	+6:16.2	8:05.0
17 / 16 / 1	3764	WAGNER, Mitchell		M50-54	35:45.5	+6:27.7	8:07.6
18 / 17 / 1	14	COLLIER, Andrew	DYERSBURG TN	M15-19	35:53.5	+6:35.7	8:09.4
19 / 18 / 2	3779	BURNS, Keith		M50-54	35:54.7	+6:36.9	8:09.7
20 / 19 / 2	33	GILLEN, John	DYERSBURG TN	M45-49	35:54.9	+6:37.1	8:09.8
21 / 20 / 2	90	WORK, Micheal	DYERSBURG TN	M35-39	36:15.5	+6:57.7	8:14.4
22 / 21 / 2	3754	TOTZKE, John	DYERSBURG TN	M25-29	36:33.3	+7:15.5	8:18.5
23 / 22 / 3	3750	SHARP, Jason	DYERSBURG TN	M35-39	36:37.1	+7:19.3	8:19.3
24 / 23 / 3	3781	SAYE, Matt		M40-44	36:51.8	+7:34.0	8:22.7
25 / 24 / 2	31	GARNER, Davin	DYERSBURG TN	M15-19	37:17.9	+8:00.1	8:28.6
26 / 25 / 2	3761	RICHARDS, Rick		M55-59	37:33.2	+8:15.4	8:32.1
27 / 26 / 3	3778	EVANS, Scotty		M45-49	37:36.1	+8:18.3	8:32.7
28 / 27 / 3	74	SHUTTS, Adam	DYERSBURG TN	M30-34	37:43.2	+8:25.4	8:34.4
29 / 2 / 2	34	GLASS, Tiffani	DYERSBURG TN	FEMALE OVERA...	37:56.6	+8:38.8	8:37.4
30 / 3 / 3	3757	YEATER, NIKKI	NEWBERN TN	FEMALE OVERA...	37:59.9	+8:42.1	8:38.2
31 / 4 / 1	3770	STEVEN, Lynette		F40-44	38:08.5	+8:50.7	8:40.1
32 / 5 / 1	18	CULTRA, Alicia	UNION CITY TN	F35-39	38:11.5	+8:53.7	8:40.8
33 / 6 / 1	62	NORRIS, Brooke	DYERSBURG TN	F15-19	38:35.8	+9:18.0	8:46.3
34 / 28 / 3	23	DOUGLAS, Christopher	DYERSBURG TN	M15-19	38:36.0	+9:18.2	8:46.4
35 / 1 / 1	7	BYARS, Caleb	DYERSBURG TN	KIDS 10-14	38:38.0	+9:20.2	8:46.8
36 / 29 / 5	15	COLLIER, Logan	DYERSBURG TN	M20-24	38:47.0	+9:29.2	8:48.9
37 / 7 / 2	53	MCKEE, Hailey	DYERSBURG TN	F15-19	39:08.3	+9:50.5	8:53.7
38 / 8 / 1	3780	NEWSOM, Claire		F25-29	39:22.5	+10:04.7	8:56.9
39 / 9 / 2	20	DAVIS, Maegan	DYERSBURG TN	F25-29	39:30.7	+10:12.9	8:58.8
40 / 10 / 1	3765	COOK, Damaris		F30-34	39:42.4	+10:24.6	9:01.5
41 / 11 / 2	80	STORK, Julie	TRIMBLE TN	F30-34	39:52.2	+10:34.4	9:03.7
42 / 12 / 3	3776	SMITH, Whitney		F25-29	39:59.9	+10:42.1	9:05.4
43 / 30 / 3	3769	MEHRLE, Chris		M50-54	40:23.4	+11:05.6	9:10.8
44 / 13 / 4	81	STOVER, Rachel	DYERSBURG TN	F25-29	40:28.8	+11:11.0	9:12.0
45 / 14 / 3	3	BOALS, Laura	DYERSBURG TN	F30-34	40:34.3	+11:16.5	9:13.3

\* indicates adjustments applied, see last page for details

Page: 1

# Hope & Honor 7k Run

## Overall by Distance: 7k Continued

OvrAll / Gndr / Div	No	Name	Representing	Division	Total Time	Back	Pace
46 / 31 / 4	5	BREZINSKI, Aaron	DYERSBURG TN	M30-34	40:47.9	+11:30.1	9:16.3
47 / 32 / 6	17	COX, Robert	FRIENDSHIP TN	M20-24	40:48.3	+11:30.5	9:16.4
48 / 15 / 4	70	ROBERTS, Ashley	NEWBERN TN	F30-34	41:01.9	+11:44.1	9:19.5
<b>49 / 16 / 2</b>	<b>12</b>	<b>COLEMAN, Kristy</b>	<b>HERMITAGE TN</b>	<b>F35-39</b>	<b>42:18.8</b>	<b>+13:01.0</b>	<b>9:37.0</b>
50 / 17 / 5	38	HARWELL, Leslie	TRENTON TN	F25-29	42:38.6	+13:20.8	9:41.5
<b>51 / 18 / 1</b>	<b>54</b>	<b>MELTON, Melissa</b>	<b>DYERSBURG TN</b>	<b>F55-59</b>	<b>42:41.0</b>	<b>+13:23.2</b>	<b>9:42.0</b>
52 / 33 / 4	30	FRENCH, Mike	NEWBERN TN	M35-39	42:41.8	+13:24.0	9:42.2
53 / 19 / 6	76	SPRAY, Lisa	DYERSBURG TN	F25-29	42:45.7	+13:27.9	9:43.1
54 / 34 / 4	3756	BURCH, Anson	TRENTON TN	M15-19	43:01.9	+13:44.1	9:46.8
55 / 35 / 4	3772	WELCH, Michael		M40-44	43:28.9	+14:11.1	9:52.9
56 / 20 / 5	8	CARPENTER, Elizabeth	NEWBERN TN	F30-34	43:42.7	+14:24.9	9:56.1
57 / 21 / 6	24	ENO, Carrie	DYERSBURG TN	F30-34	43:46.9	+14:29.1	9:57.0
<b>58 / 22 / 1</b>	<b>19</b>	<b>DAVIN, Regina</b>	<b>NEWBERN TN</b>	<b>F50-54</b>	<b>44:24.8</b>	<b>+15:07.0</b>	<b>10:05.6</b>
59 / 36 / 5	39	HARWELL, Sam	TRENTON TN	M30-34	44:41.5	+15:23.7	10:09.4
<b>60 / 37 / 1</b>	<b>87</b>	<b>WHITE, Larry</b>	<b>DYERSBURG TN</b>	<b>M60+</b>	<b>44:43.5</b>	<b>+15:25.7</b>	<b>10:09.9</b>
<b>61 / 23 / 3</b>	<b>3759</b>	<b>NEWBILL, M.c.</b>	<b>DYERSBURG TN</b>	<b>F15-19</b>	<b>44:45.4</b>	<b>+15:27.6</b>	<b>10:10.3</b>
<b>62 / 24 / 3</b>	<b>3777</b>	<b>MANN, Michelle</b>		<b>F35-39</b>	<b>45:20.6</b>	<b>+16:02.8</b>	<b>10:18.3</b>
63 / 38 / 4	3760	LONG, Brent	RIDGLY TN	M50-54	45:52.1	+16:34.3	10:25.5
64 / 39 / 6	89	WINSTEAD, Stephen	DYERSBURG TN	M30-34	45:55.8	+16:38.0	10:26.3
65 / 25 / 7	82	THOMPSON, Meredith	DYERSBURG TN	F30-34	46:01.4	+16:43.6	10:27.6
66 / 26 / 8	59	NEAL, Lyndi	DYERSBURG TN	F30-34	46:54.3	+17:36.5	10:39.6
<b>67 / 27 / 1</b>	<b>26</b>	<b>ESPINOSA, Brittany</b>	<b>PARIS TN</b>	<b>F20-24</b>	<b>47:10.6</b>	<b>+17:52.8</b>	<b>10:43.3</b>
68 / 40 / 5	57	MILES, Jeff	TROY TN	M40-44	47:31.7	+18:13.9	10:48.1
<b>69 / 41 / 2</b>	<b>83</b>	<b>THOMPSON, Danny</b>	<b>NEWBERN TN</b>	<b>M60+</b>	<b>47:31.9</b>	<b>+18:14.1</b>	<b>10:48.2</b>
70 / 28 / 7	68	POINDEXTER, Abby	NEWBERN TN	F25-29	47:34.4	+18:16.6	10:48.7
<b>71 / 29 / 2</b>	<b>3762</b>	<b>RIVERS, Regina</b>		<b>F40-44</b>	<b>47:35.6</b>	<b>+18:17.8</b>	<b>10:49.0</b>
72 / 30 / 9	88	WILLIAMS, Stacy	DYERSBURG TN	F30-34	47:38.3	+18:20.5	10:49.6
<b>73 / 31 / 2</b>	<b>55</b>	<b>MERIDETH, Caroline*</b>	<b>CARUTHERSVILLE MO</b>	<b>F20-24</b>	<b>48:30.1</b>	<b>+19:12.3</b>	<b>11:01.4</b>
74 / 32 / 4	61	NIXON, Corando	GATES TN	F35-39	48:33.2	+19:15.4	11:02.1
75 / 33 / 10	67	PEERY, Lou Ann	NEWBERN TN	F30-34	49:00.1	+19:42.3	11:08.2
76 / 42 / 5	22	DODDS, David*	NEWBERN TN	M35-39	49:09.3	+19:51.5	11:10.3
77 / 34 / 11	11	CHANEY, Molly*	DYERSBURG TN	F30-34	49:10.0	+19:52.2	11:10.5
78 / 43 / 7	3771	STARKS, Cody		M20-24	49:32.1	+20:14.3	11:15.5
79 / 35 / 12	29	FRENCH, Emilee	NEWBERN TN	F30-34	49:37.9	+20:20.1	11:16.8
<b>80 / 36 / 1</b>	<b>77</b>	<b>SPRAY, Becky</b>	<b>RIPLEY TN</b>	<b>F45-49</b>	<b>50:02.8</b>	<b>+20:45.0</b>	<b>11:22.5</b>
81 / 44 / 6	47	LEE, Jeremy	FINLEY TN	M40-44	50:25.6	+21:07.8	11:27.6
82 / 45 / 5	72	SERATT, Paul	DYERSBURG TN	M50-54	50:32.0	+21:14.2	11:29.1
<b>83 / 2 / 2</b>	<b>35</b>	<b>GOMEZ, Jenna</b>	<b>COBDEN IL</b>	<b>KIDS 10-14</b>	<b>51:23.3</b>	<b>+22:05.5</b>	<b>11:40.8</b>
84 / 46 / 4	36	GOMEZ, Joe	COBDEN IL	M45-49	51:23.4	+22:05.6	11:40.8
85 / 47 / 5	3755	LAIRD, Billy	HORNBEAK TN	M15-19	51:40.8	+22:23.0	11:44.7
<b>86 / 3 / 1</b>	<b>64</b>	<b>PECKENPAUGH, Sydney</b>	<b>DYERSBURG TN</b>	<b>KIDS 9 &amp; UNDER</b>	<b>52:38.3</b>	<b>+23:20.5</b>	<b>11:57.8</b>
<b>87 / 37 / 2</b>	<b>58</b>	<b>MOBERG, Robin*</b>	<b>NEWBERN TN</b>	<b>F55-59</b>	<b>53:22.6</b>	<b>+24:04.8</b>	<b>12:07.9</b>
<b>88 / 38 / 3</b>	<b>3758</b>	<b>COLE, Ashley</b>	<b>DYERSBURG TN</b>	<b>F20-24</b>	<b>53:34.6</b>	<b>+24:16.8</b>	<b>12:10.6</b>
<b>89 / 39 / 3</b>	<b>75</b>	<b>SMITHBACK, Peggy</b>	<b>DYERSBURG TN</b>	<b>F55-59</b>	<b>53:53.6</b>	<b>+24:35.8</b>	<b>12:14.9</b>
<b>90 / 48 / 3</b>	<b>46</b>	<b>LAMBERT, Brent</b>	<b>JACKSON TN</b>	<b>M55-59</b>	<b>54:18.1</b>	<b>+25:00.3</b>	<b>12:20.5</b>
<b>91 / 40 / 3</b>	<b>86</b>	<b>WESTBROOK, Jennifer</b>	<b>DYERSBURG TN</b>	<b>F40-44</b>	<b>54:56.7</b>	<b>+25:38.9</b>	<b>12:29.2</b>
92 / 41 / 5	65	PECKENPAUGH, Cara	DYERSBURG TN	F35-39	55:01.5	+25:43.7	12:30.3
93 / 42 / 4	3773	WELCH, Dana		F40-44	58:33.0	+29:15.2	13:18.4
94 / 43 / 8	91	BOOTS, Kimberly		F25-29	1:01:32.8	+32:15.0	13:59.3
<b>95 / 4 / 3</b>	<b>3752</b>	<b>CABLE, Jalyn</b>	<b>DYERSBURG TN</b>	<b>KIDS 10-14</b>	<b>1:01:44.4</b>	<b>+32:26.6</b>	<b>14:01.9</b>
96 / 44 / 6	44	JOYCE, Lori	DYERSBURG TN	F35-39	1:06:41.6	+37:23.8	15:09.5
97 / 45 / 4	50	LONG, Haley	JACKSON TN	F20-24	1:07:16.0	+37:58.2	15:17.3
98 / 46 / 4	49	LONG, Katie	JACKSON TN	F15-19	1:07:16.5	+37:58.7	15:17.4
99 / 49 / 6	51	LONG, Vince	JACKSON TN	M50-54	1:07:19.5	+38:01.7	15:18.1
100 / 47 / 5	52	LOWRANCE, Lori	NEWBERN TN	F40-44	1:14:18.5	+45:00.7	16:53.3
101 / 48 / 13	56	MILAN, Jennifer	NEWBERN TN	F30-34	1:15:14.4	+45:56.6	17:06.0
102 / 50 / 5	3751	LAWS, Steve	DYERSBURG TN	M45-49	1:16:33.6	+47:15.8	17:24.0
103 / 51 / 6	3753	THOELE, Derrick	DYERSBURG TN	M15-19	1:17:13.5	+47:55.7	17:33.1

\* indicates adjustments applied, see last page for details

Page: 2

© 2005-2009 Milliseconds Computer Services, LLC  
801.582.3121/www.milliseconds.com