

# Hero Up & Run for the Children 5k/10k Final Results

Start Time: Saturday, June 15, 2013 9:00:00 AM

Saturday, June 15, 2013 10:47:03 AM

## Overall by Distance: 5k

OvrAll /Gndr / Div	No	Name	Representing	Division	Total Time	Back	Pace
1 / 1 / 1	85	WEBER, Jacob	ODESSA MO	Male Overall 5k	18:55.7	+0:00.0	6:05.2
2 / 2 / 1	60	MORGAN, Jeff	GRAIN VALLEY MO	M 45-49 5k	20:49.3	+1:53.6	6:41.7
3 / 3 / 2	150	SWINFARD, Tim	JEFFERSON CITY MO	M 45-49 5k	21:10.9	+2:15.2	6:48.6
4 / 4 / 1	22	FOSTER, Wyatt	WINDSOR MO	M 15-19 5k	25:14.0	+6:18.3	8:06.8
5 / 5 / 1	90	LEWIS, Kyle	WARRENSBURG MO	M 25-29 5k	25:29.0	+6:33.3	8:11.6
6 / 1 / 1	23	FOSTER, Sherry	WINDSOR MO	Female Overall 5k	27:56.8	+9:01.1	8:59.2
7 / 6 / 1	10	BRAUCHER, John	WARSAW MO	M 55-59 5k	28:19.8	+9:24.1	9:06.6
8 / 7 / 3	8	BARNES, Brad	WINDSOR MO	M 45-49 5k	28:40.2	+9:44.5	9:13.1
9 / 2 / 1	58	MILLER, Jerri	BLUE SPRINGS MO	F 35-39 5k	29:17.2	+10:21.5	9:25.0
10 / 8 / 1	40	HOPKINS, John	WINDSOR MO	M 20-24 5k	31:22.1	+12:26.4	10:05.2
10 / 3 / 1	39	HOPKINS, Morganne	WINDSOR MO	F 20-24 5k	31:22.1	+12:26.4	10:05.2
12 / 9 / 1	24	FOSTER, John	WINDSOR MO	M 50-54 5k	31:30.0	+12:34.3	10:07.7
13 / 10 / 1	49	LOWERY, Chris	BATES CITY MO	M 40-44 5k	32:07.7	+13:12.0	10:19.8
14 / 4 / 1	9	BARNES, Claire	WINDSOR MO	F 14 & Under 5k	32:24.2	+13:28.5	10:25.1
15 / 5 / 2	12	BURNETT, Jamie	OAK GROVE MO	F 35-39 5k	32:28.0	+13:32.3	10:26.4
16 / 11 / 2	64	NIELSON, Austin	INDEPENDENCE MO	M 15-19 5k	33:12.8	+14:17.1	10:40.8
17 / 12 / 2	87	WHITE, Jesse	CLINTON MO	M 55-59 5k	34:07.5	+15:11.8	10:58.4
18 / 6 / 1	13	CALLAWAY, Jo-ann	SPRING HILL KS	F 55-59 5k	34:44.9	+15:49.2	11:10.4
19 / 7 / 3	147	HUTCHISON, Jennifer		F 35-39 5k	35:00.3	+16:04.6	11:15.3
20 / 8 / 4	148	SCHUETZ, Susan		F 35-39 5k	35:41.2	+16:45.5	11:28.5
21 / 9 / 1	52	MARYOTT, Kayse	BUCKNER MO	F 45-49 5k	36:16.7	+17:21.0	11:39.9
22 / 10 / 5	44	JACKSON, Kristen	BUCKNER MO	F 35-39 5k	36:16.8	+17:21.1	11:39.9
23 / 11 / 1	67	ONEAL, Becky	WARRENSBURG MO	F 25-29 5k	40:03.1	+21:07.4	12:52.7
24 / 12 / 1	65	NOLD, Amy	MONTROSE MO	F 40-44 5k	40:07.8	+21:12.1	12:54.2
25 / 13 / 2	28	GROSS, Glenn	MARSHALL MO	M 50-54 5k	41:27.6	+22:31.9	13:19.9
26 / 13 / 2	27	GROSS, Beth	MARSHALL MO	F 40-44 5k	41:27.7	+22:32.0	13:19.9
27 / 14 / 3	77	SAVALA, Cecilia	GRAIN VALLEY MO	F 40-44 5k	42:33.0	+23:37.3	13:40.9
28 / 15 / 6	55	MCCUNE, Stacey	CENTERVIEW MO	F 35-39 5k	47:37.9	+28:42.2	15:18.9
29 / 16 / 2	45	JONES, Sarah	CLINTON MO	F 25-29 5k	47:38.3	+28:42.6	15:19.1
30 / 17 / 1	76	RUSSELL, Pam	GRAIN VALLEY MO	F 50-54 5k	48:40.7	+29:45.0	15:39.1
31 / 18 / 1	26	GREEN, Tabatha	BLUE SPRINGS MO	F 30-34 5k	48:40.8	+29:45.1	15:39.2

## Overall by Distance: 10k

OvrAll /Gndr / Div	No	Name	Representing	Division	Total Time	Back	Pace
1 / 1 / 1	59	MILLS, Parker	CLINTON MO	Male Overall 10k	45:22.9	+0:00.0	7:17.8
2 / 1 / 1	11	BRESHEARS, Jamie	ARCHIE MO	Female Overall 10k	53:42.1	+8:19.2	8:38.0
3 / 2 / 1	15	COLETTA, James	CLINTON MO	M 45-49 10k	58:06.9	+12:44.0	9:20.6
4 / 2 / 1	14	COLETTA, Diane	CLINTON MO	F 40-44 10k	58:07.1	+12:44.2	9:20.6
5 / 3 / 1	86	WETZEL, Nina	CLINTON MO	F 30-34 10k	58:36.5	+13:13.6	9:25.4
6 / 3 / 1	30	HART, Paul	CONCORDIA MO	M 40-44 10k	1:00:03.0	+14:40.1	9:39.3
7 / 4 / 1	61	MOORE, Ashley	ODESSA MO	F 25-29 10k	1:01:32.8	+16:09.9	9:53.7
8 / 5 / 1	16	DAVIS, Bailey	ODESSA MO	F 15-19 10k	1:02:27.2	+17:04.3	10:02.4
9 / 4 / 2	56	MCGRATH, Billy	ODESSA MO	M 45-49 10k	1:02:29.4	+17:06.5	10:02.8
10 / 6 / 1	17	DAVIS, Donna	ODESSA MO	F 50-54 10k	1:02:30.0	+17:07.1	10:02.9

\* indicates adjustments applied, see last page for details

# Hero Up & Run for the Children 5k/10k

## Overall by Distance: 10k Continued

OvrAll / Gndr / Div	No	Name	Representing	Division	Total Time	Back	Pace
11 / 5 / 1	4	AMARO, Kevin	BUCKNER MO	M 35-39 10k	1:04:11.2	+18:48.3	10:19.2
12 / 7 / 1	83	VOGT, Sheila	CLINTON MO	F 45-49 10k	1:05:57.8	+20:34.9	10:36.3
13 / 8 / 1	80	SIMPSON, Chrystal	ODESSA MO	F 35-39 10k	1:09:49.6	+24:26.7	11:13.6
14 / 9 / 2	53	MAXON, Haley	BLUE SPRINGS MO	F 25-29 10k	1:15:22.4	+29:59.5	12:07.1
15 / 10 / 2	21	FINKELDEI, Amanda	BLACKBURN MO	F 35-39 10k	1:15:57.3	+30:34.4	12:12.7
15 / 6 / 1	42	HUFFINGTON, Gabe	COLUMBIA MO	M 30-34 10k	1:15:57.3	+30:34.4	12:12.7
17 / 11 / 2	41	HOTMER, Nikki	OVERLAND PARK KS	F 30-34 10k	1:16:50.8	+31:27.9	12:21.3
18 / 12 / 3	19	ESSER, Sarah	ODESSA MO	F 30-34 10k	1:33:18.9	+47:56.0	15:00.1
19 / 7 / 2	73	RENFROW, Jason	SHAWNEE KS	M 30-34 10k	1:33:19.4	+47:56.5	15:00.2