

# St. Albans Triathlon Final Results

Start Time: Sunday, September 9, 2012 12:00:00 AM

Sunday, September 9, 2012 10:31:55 AM

## Division: Overall Long Course

PL	No	Name	Representing	Swim	min/100m	T1	none	Bike	MPH	T2	none	Run	min/mi	Total Time
1	78	HINDMAN, Austin	CHESTERFIELD MO	2:28.824	1:14.4	0:35.762		16:35.644	22.4	0:18.569		8:45.742	7:18.1	28:44.5
2	97	CLARK, Izzi	O FALLON MO	2:48.962	1:24.5	0:41.920		18:44.576	19.9	0:22.883		8:30.561	7:05.5	31:08.9
3	79	KACMAREK, Daniel	TOWN AND COUNTRY MO	3:21.710	1:40.9	0:51.104		18:47.966	19.8	0:14.820		9:25.797	7:51.5	32:41.3

## Division: Overall Short Course

PL	No	Name	Representing	Swim	min/100m	T1	none	Bike	MPH	T2	none	Run	min/mi	Total Time
1	17	KOSTECKI, Katherine	ST LOUIS MO	1:52.141	1:52.1	1:02.019		10:59.913	16.9	0:25.451		3:45.585	6:16.0	18:05.1
2	44	KACMAREK, Will	TOWN AND COUNTRY MO	1:56.501	1:56.5	1:20.939		10:10.408	18.3	0:17.568		4:25.960	7:23.3	18:11.3
3	31	HAEFNER, Matthew	WILDWOOD MO	2:18.866	2:18.9	1:21.020		10:40.305	17.4	0:10.580		4:16.994	7:08.3	18:47.7

## Division: F 7-8

PL	No	Name	Representing	Swim	min/100m	T1	none	Bike	MPH	T2	none	Run	min/mi	Total Time
1	5	OLIVER, Katherine	ST LOUIS MO	2:48.777	2:48.8	2:05.507		12:18.104	15.1	0:28.039		6:06.918	10:11.5	23:47.3
2	57	BAUR, Anna	ST. LOUIS MO	2:05.422	2:05.4	1:36.002		15:17.107	12.2	0:23.575		4:56.425	8:14.0	24:18.5
3	6	PERKINS, Campbell	SAINT LOUIS MO	2:51.245	2:51.2	1:59.002		13:17.805	14.0	0:29.769		7:31.552	12:32.6	26:09.3
4	8	SCHULTZ, Sabrina	CHESTERFIELD MO	3:25.248	3:25.2	1:38.871		15:21.459	12.1	0:27.024		5:38.867	9:24.8	26:31.4
5	4	NOVOTNY, Clara	SAINT CHARLES MO	3:33.769	3:33.8	2:48.565		13:41.610	13.6	0:26.633		6:38.609	11:04.3	27:09.1
6	2	HEANEY, Maeve	KIRKWOOD MO	3:35.672	3:35.7	3:32.625		14:24.041	12.9	0:24.606		5:29.916	9:09.9	27:26.8
7	7	SCHEUERMANN, Halle	LAKE ST LOUIS MO	2:20.498	2:20.5	2:25.152		13:23.013	13.9	0:26.041		9:20.966	15:34.9	27:55.6
8	53	BIRKEL, Caroline		3:18.798	3:18.8	2:53.869		17:23.940	10.7	0:32.800		5:25.683	9:02.8	29:35.0
9	3	MURAN, Ella	CHESTERFIELD MO	4:06.927	4:06.9	5:07.470		20:37.187	9.0	0:40.168		5:30.300	9:10.5	36:02.0

## Division: M 7-8

PL	No	Name	Representing	Swim	min/100m	T1	none	Bike	MPH	T2	none	Run	min/mi	Total Time
1	33	MAYER, Mason	PACIFIC MO	2:39.595	2:39.6	1:31.235		12:21.894	15.0	0:17.572		3:54.191	6:30.3	20:44.4
2	30	COPPEL, Will	ST LOUIS MO	2:41.891	2:41.9	2:15.098		11:27.485	16.2	0:22.706		4:38.570	7:44.3	21:25.7
3	29	CONARD, Peter	CHESTERFIELD MO	2:48.108	2:48.1	2:04.713		13:03.917	14.2	0:22.096		4:32.982	7:35.0	22:51.8
4	59	LAVERY, Ryan	ST. ALBANS MO	3:15.811	3:15.8	2:37.192		12:40.876	14.7	0:21.639		5:17.351	8:48.9	24:12.8
5	35	SAWYER, Grant	WILDWOOD MO	2:55.723	2:55.7	2:06.016		14:48.279	12.6	0:18.901		4:07.625	6:52.7	24:16.5
6	36	SCHIEK, Evan	EUREKA MO	3:38.030	3:38.0	2:13.911		14:48.411	12.6	0:16.907		4:14.297	7:03.8	25:11.5
7	32	LESTER, Bryson	BALLWIN MO	3:56.958	3:57.0	2:13.921		15:13.368	12.2	0:21.868		4:47.100	7:58.5	26:33.2
8	28	BOON, Mason	ST. ALBANS MO	3:21.760	3:21.8	3:18.836		14:35.092	12.8	0:19.480		5:12.654	8:41.1	26:47.8
9	27	BOON, Ian	ST. ALBANS MO	3:55.886	3:55.9	4:15.248		16:20.556	11.4	0:40.517		5:38.303	9:23.8	30:50.5
10	26	AMEZCUA, Zach	ST LOUIS MO	3:46.164	3:46.2	3:13.338		17:39.115	10.5	0:25.505		5:50.459	9:44.1	30:54.5
11	60	LAVERY, Lance	ST. ALBANS MO	5:00.233	5:00.2	3:47.158		15:56.209	11.7	0:22.050		5:58.011	9:56.7	31:03.6
12	34	POMPIAN, Alexander	CLAYTON MO	4:01.065	4:01.1	2:08.452		17:50.218	10.4	0:15.237		6:52.331	11:27.2	31:07.3
13	25	AMEZCUA, Luke	ST LOUIS MO	4:13.910	4:13.9	3:51.023		17:44.476	10.5	0:44.193		6:38.876	11:04.8	33:12.4
14	50	ELLIS, Jake		4:24.640	4:24.6	2:32.179		20:22.239	9.1	0:30.081		6:32.692	10:54.5	34:21.8
15	54	BIRKEL, Maxwell		2:39.739	2:39.7	2:39.308		23:41.619	7.8	0:23.974		6:16.088	10:26.8	35:40.7

## Division: F 9-10

PL	No	Name	Representing	Swim	min/100m	T1	none	Bike	MPH	T2	none	Run	min/mi	Total Time
1	22	PERKINS, Lambert	SAINT LOUIS MO	2:44.542	2:44.5	1:36.782		10:00.425	18.6	0:16.512		5:15.429	8:45.7	19:53.6
2	55	SEGHENS, Makenna	WENTZVILLE MO	2:33.555	2:33.6	1:26.570		11:43.225	15.9	0:17.709		4:34.099	7:36.8	20:35.1
3	9	ATTEBERRY, Rebecca	CHESTERFIELD MO	2:34.365	2:34.4	1:47.260		12:28.388	14.9	0:18.203		4:32.064	7:33.4	21:40.2
4	13	HOWELL, Gini	ST. LOUIS MO	2:15.846	2:15.8	2:08.529		11:39.400	16.0	0:27.730		5:16.885	8:48.1	21:48.3
5	18	LATTA, Claudia	WEBSTER GROVES MO	2:31.617	2:31.6	1:06.362		13:05.726	14.2	0:15.432		5:12.026	8:40.0	22:11.1
6	20	LUTKER, Kaley	BALLWIN MO	2:25.034	2:25.0	1:20.177		12:59.354	14.3	0:27.273		5:29.492	9:09.2	22:41.3
7	11	BROWN, Payton	CHESTERFIELD MO	2:11.687	2:11.7	1:54.173		13:36.632	13.7	0:15.741		4:55.375	8:12.3	22:53.6
8	21	MIKESSELL, Aly	ST. ALBANS MO	2:44.930	2:44.9	2:42.268		12:23.315	15.0	0:27.408		5:42.255	9:30.4	24:00.1
9	15	JOHNSON, Molly	CHESTERFIELD MO	2:58.985	2:59.0	2:40.917		13:16.247	14.0	0:26.732		4:51.572	8:06.0	24:14.4

\* indicates adjustments applied, see last page for details

# St. Albans Triathlon

## Division: F 9-10 Continued

PL	No	Name	Representing	Swim	min/100m	T1	none	Bike	MPH	T2	none	Run	min/mi	Total Time
10	19	LOVE, Helen	ST LOUIS MO	2:54.448	2:54.4	2:29.078		13:17.524	14.0	0:22.862		5:11.108	8:38.5	24:15.0
11	12	HAINES, Elle	SAINT LOUIS MO	2:23.755	2:23.8	2:45.622		13:41.309	13.6	0:42.057		5:16.812	8:48.0	24:49.5
12	16	KESSLER, Hazel	ST. LOUIS MO	2:39.413	2:39.4	4:17.158		14:15.943	13.0	0:38.977		6:11.836	10:19.7	28:03.3
13	14	JELLISS, Sarah	ST LOUIS MO	2:20.536	2:20.5	1:56.892		17:57.704	10.4	0:29.042		5:42.546	9:30.9	28:26.7
14	10	BAKER, Chloe	WILDWOOD MO	2:22.665	2:22.7	2:15.690		15:05.637	12.3	0:47.946		8:03.743	13:26.2	28:35.6
15	58	FOSTER, Caroline		2:15.785	2:15.8	1:51.240		17:11.323	10.8	0:28.360		7:43.172	12:52.0	29:29.8
16	23	SCHEUERMANN, Hana	LAKE ST LOUIS MO	2:22.271	2:22.3	2:08.417		16:30.986	11.3	0:29.700		8:17.035	13:48.4	29:48.4
17	56	ZIMMERMANN, Zoe	KIRKWOOD MO	6:00.514	6:00.5	7:00.704		25:50.240	7.2	0:58.766		10:14.985	17:05.0	50:05.2

## Division: M 9-10

PL	No	Name	Representing	Swim	min/100m	T1	none	Bike	MPH	T2	none	Run	min/mi	Total Time
1	61	SIEGEL, Caleb	CHESTERFIELD MO	2:06.764	2:06.8	0:55.958		11:21.741	16.4	0:15.092		4:14.337	7:03.9	18:53.8
2	42	HEREFORD, Jimmy	SAINT LOUIS MO	1:55.620	1:55.6	1:32.091		10:39.153	17.5	0:13.612		4:47.398	7:59.0	19:07.8
3	45	SLOANE, Will	CLAYTON MO	2:29.127	2:29.1	0:59.079		11:49.912	15.7	0:14.714		5:35.222	9:18.7	21:08.0
4	40	GERCHEN, Jean-martin	SAINT LOUIS MO	2:43.984	2:44.0	1:55.549		12:18.970	15.1	0:19.256		5:09.803	8:36.3	22:27.5
5	51	CAVNESS, Jace		2:48.340	2:48.3	0:55.122		13:43.876	13.6	0:19.640		5:14.607	8:44.3	23:01.5
6	41	HEANEY, Seamus	ST. LOUIS MO	3:16.388	3:16.4	1:33.250		13:08.013	14.2	0:23.447		4:43.960	7:53.3	23:05.0
7	38	BOONE, Brett	ST CHARLES MO	2:11.817	2:11.8	2:12.141		12:44.718	14.6	0:23.743		5:50.873	9:44.8	23:23.2
8	43	JELLISS, Andrew	ST LOUIS MO	2:02.956	2:03.0	1:40.245		14:20.137	13.0	0:20.438		5:29.858	9:09.8	23:53.6
9	52	BIRKEL, Alexander		2:21.041	2:21.0	1:43.054		15:31.103	12.0	0:17.298		4:17.832	7:09.7	24:10.3
10	91	POMPIAN, Nicholas	CLAYTON MO	3:54.269	3:54.3	3:09.255		12:08.028	15.3	0:19.888		5:38.427	9:24.0	25:09.8
11	49	ELLIS, Carter	LADUE MO	3:34.382	3:34.4	1:57.653		14:46.190	12.6	0:33.087		5:04.905	8:28.2	25:56.2
12	37	BARRETT, Emmett	ST LOUIS MO	3:23.768	3:23.8	2:17.612		16:55.316	11.0	0:23.041		4:54.890	8:11.5	27:54.6
13	48	WEEKS, Joshua	MANCHESTER MO	2:23.953	2:24.0	3:28.054		17:14.473	10.8	0:28.686		5:36.363	9:20.6	29:11.5
14	46	STOCKELL, Lucas	SAINT ALBANS MO	3:17.361	3:17.4	1:23.286		25:16.710	7.4	0:26.665		6:16.971	10:28.3	36:40.9

## Division: F 11-12

PL	No	Name	Representing	Swim	min/100m	T1	none	Bike	MPH	T2	none	Run	min/mi	Total Time
1	103	LOVE, Amelia	ST LOUIS MO	4:00.017	2:00.0	1:14.083		21:58.331	16.9	0:26.507		11:54.714	9:55.6	39:33.6
2	108	Baur, Jane		3:56.711	1:58.4	1:08.270		27:17.647	13.6	0:21.670		10:12.705	8:30.6	42:57.0
3	102	CUDNEY, Kylie	BEAUFORT MO	4:38.248	2:19.1	1:37.387		24:49.641	15.0	0:41.754		11:42.195	9:45.2	43:29.2
4	106	TROTIER, Libby	WILDWOOD MO	8:41:39.896	4:20:49.9	2:33.256		32:10.215	11.6	0:44.657		59:23.921	49:29.9	1:35:40.8

## Division: M 11-12

PL	No	Name	Representing	Swim	min/100m	T1	none	Bike	MPH	T2	none	Run	min/mi	Total Time
1	90	MILLER, Alexander	CLAYTON MO	3:31.257	1:45.6	1:27.196		20:32.119	18.1	0:18.082		10:01.556	8:21.3	35:50.2
2	95	WELCH, Wil	CLAYTON MO	3:15.906	1:38.0	1:00.471		21:13.767	17.5	0:11.317		10:13.792	8:31.5	35:55.2
3	85	BIEN, Max	LAKE ST LOUIS MO	4:59.073	2:29.5	0:53.776		20:45.985	17.9	0:24.330		9:38.597	8:02.2	36:41.7
4	86	BRANDT, August	LAKE ST. LOUIS MO	3:38.098	1:49.0	1:12.178		19:48.277	18.8	0:16.730		11:49.261	9:51.1	36:44.5
5	93	SPRAGUE, Gavin	SAINT CHARLES MO	4:09.412	2:04.7	1:33.473		20:36.149	18.1	0:17.049		10:45.494	8:57.9	37:21.5
6	83	ATTEBERRY, Michael	CHESTERFIELD MO	4:11.631	2:05.8	1:12.273		23:12.332	16.0	0:13.519		10:30.668	8:45.6	39:20.4
7	87	BROWN, Harrison	CHESTERFIELD MO	3:59.202	1:59.6	1:03.022		24:26.660	15.2	0:31.848		9:45.016	8:07.5	39:45.7
8	92	SCHEUERMANN, Noah	LAKE ST LOUIS MO	3:20.361	1:40.2	1:50.445		23:11.833	16.0	0:15.510		11:16.458	9:23.7	39:54.6
9	94	YOUNG, Will	WARSON WOODS MO	3:22.809	1:41.4	1:57.467		23:33.227	15.8	0:31.245		10:54.993	9:05.8	40:19.7
10	89	JOHNSON, Jimmy	CHESTERFIELD MO	3:49.640	1:54.8	1:20.639		25:04.180	14.8	0:19.524		10:05.272	8:24.4	40:39.2
11	88	HANSER, Sam	SAINT LOUIS MO	4:03.801	2:01.9	1:56.895		29:35.004	12.6	0:13.052		12:19.664	10:16.4	48:08.4
12	104	BACOT, Joel		4:56.000	2:28.0	2:22.534		27:41.430	13.4	0:18.367		14:09.706	11:48.1	49:28.0
13	105	CAVNESS, Jeb		5:31.278	2:45.6	2:19.827		30:32.783	12.2	0:28.065		14:01.070	11:40.9	52:53.0
14	84	BALCH, James	SAINT ANN MO	6:56.418	3:28.2	3:34.203		30:42.934	12.1	1:09.386		16:44.290	13:56.9	59:07.2

## Division: F 13-15

PL	No	Name	Representing	Swim	min/100m	T1	none	Bike	MPH	T2	none	Run	min/mi	Total Time
1	98	JOHNSON, Madeleine	CHESTERFIELD MO	3:25.842	1:42.9	1:26.709		18:49.108	19.8	0:17.832		12:23.135	10:19.3	36:22.6
2	100	LOVE, Elizabeth	ST LOUIS MO	3:53.714	1:56.9	1:27.909		21:21.551	17.4	0:14.323		10:51.200	9:02.7	37:48.6
3	96	BRANDT, Lily	LAKE ST. LOUIS MO	3:53.323	1:56.7	1:11.102		21:07.439	17.6	0:41.343		11:10.652	9:18.9	38:03.8
4	99	KREIE, Katlyn	ST. LOUIS MO	3:53.079	1:56.5	1:48.183		22:53.598	16.2	0:25.551		13:14.808	11:02.3	42:15.2
5	101	ROTH, Rebecca	KIRKWOOD MO	3:22.855	1:41.4	1:48.597		26:06.683	14.2	0:30.682		12:48.302	10:40.3	44:37.1
6	109	FOSTER, Meredith	WILDWOOD MO	3:45.014	1:52.5	1:16.518		28:56.618	12.8	0:21.364		14:35.713	12:09.8	48:55.2

\* indicates adjustments applied, see last page for details

# St. Albans Triathlon

## Division: M 13-15

PL	No	Name	Representing	Swim	min/100m	T1	none	Bike	MPH	T2	none	Run	min/mi	Total Time
1	76	BRANDT, John	LAKE ST. LOUIS MO	3:18.129	1:39.1	0:56.406		18:22.347	20.2	0:14.578		10:13.986	8:31.7	33:05.4

## Division: M 13-15

PL	No	Name	Representing	Swim	min/100m	T1	none	Bike	MPH	T2	none	Run	min/mi	Total Time
2	81	YOUNG, Toby	WARSON WOODS MO	2:50.091	1:25.0	2:24.468		19:28.055	19.1	0:17.054		8:38.153	7:11.8	33:37.8
3	82	ZALOUDEK, Josiah	ST. CHARLES MO	3:15.570	1:37.8	2:08.165		19:43.524	18.9	0:25.671		8:41.804	7:14.8	34:14.7
4	75	BERNDT, Andrew	LAKE SAINT LOUIS MO	4:14.763	2:07.4	1:41.093		19:46.071	18.8	0:15.762		8:53.300	7:24.4	34:50.9
5	80	PEARCE, Braden	LAKE ST. LOUIS MO	3:22.920	1:41.5	1:20.842		20:28.797	18.2	0:15.703		10:56.362	9:07.0	36:24.6
6	77	ESSER, Trent	EUREKA MO	3:15.008	1:37.5	1:54.970		21:14.135	17.5	0:17.963		12:05.670	10:04.7	38:47.7
7	107	PARKER, Emanuel		4:44.001	2:22.0	2:29.523		22:49.955	16.3	0:16.629		14:47.638	12:19.7	45:07.7